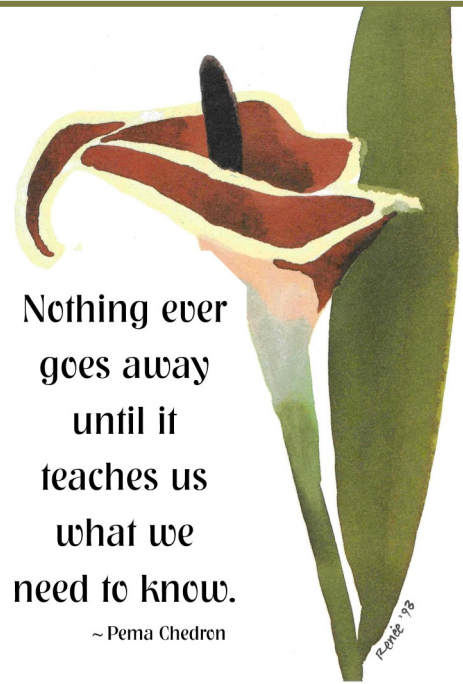


A Little Inspiration...

What you need most
is hardest for your partner to give.



What your partner needs most
is hardest for you to give.



Nothing ever
goes away
until it
teaches us
what we
need to know.

~ Pema Chedron

Rebecca '18

**every act
of kindness
grows**

**the spirit
& strengthens
the soul**



**It takes both
rain & sunshine
to make a rainbow.**



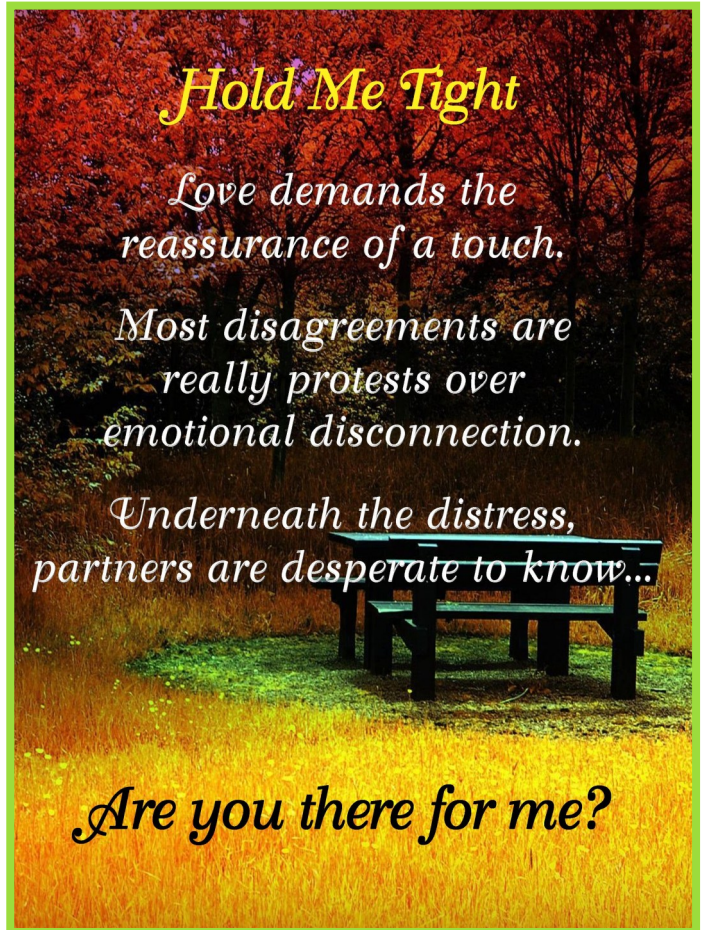
Hold Me Tight

*Love demands the
reassurance of a touch.*

*Most disagreements are
really protests over
emotional disconnection.*

*Underneath the distress,
partners are desperate to know...*

Are you there for me?



A Little Inspiration...

Romance

"love in action"
is a daily,
changing,
challenging,
exhilarating,
living,
growing,
activity.

"A relationship is an initiation, in a way... As you work things out, you actually become a more mature person. That's a very good way in which a relationship serves your soul."

~ Thomas Moore

Courage doesn't
have to roar.

Sometimes courage
is the quiet voice at
the end of the day
saying "I will try
again tomorrow."

~ Mary Anne Radmacher

Behind every criticism is a
frustration.

Behind every frustration is a
hurt or fear.

Behind hurt and fear
is a childhood

wound

longing

desire

need

disappointment.

A Little Inspiration...

Between stimulus and response there is a space. In that space is our power to choose our response. In our response lies our growth and our freedom.

~ Viktor E. Frankl

**Conflict is inevitable.
Fighting is a choice.**

I teach both men and women to speak up with love, to exercise soft power.

***Soft Power:
Strong and Loving Simultaneously***

~ Terry Real, PhD

Love at first sight is easy to understand. It's when two people have lived with each other for a long time, and experience re-connection, that it becomes a miracle.

Hedy Schleifer

Being heard is so close to being loved that for the average person they are almost indistinguishable.

~ David Augsberger